# **Application for health coverage**

Individual and Family Plans

| Who can<br>use this<br>application?        | <ul> <li>You may use this application to apply for a Kaiser Foundation Health Plan of the Northwest (KFHPNW) plan.</li> <li>If you want coverage for your family on the same KFHPNW plan, please fill out one application for the family. If someone in your family wants a different health or dental plan, they must complete a separate application.</li> <li>To be eligible for KFHPNW coverage, you must live in our Oregon service area.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|--------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Who should<br>not use this<br>application? | <ul> <li>If you or any dependent you're applying for are entitled to Medicare Part A or are enrolled in Medicare Part B, that applicant is not eligible to apply for new KFHPNW coverage. Please visit kp.org/medicare to learn more about your Medicare plan options or to apply for Medicare coverage.</li> <li>If you qualify for and want federal financial assistance to help pay for copays, coinsurance, deductibles, or premiums, don't complete this application. You can apply for coverage at buykp.org/apply.</li> <li>To make changes to your existing KFHPNW account, call 1-800-813-2000.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Things to remember                         | <ul> <li>If you're applying during open enrollment, the date we receive your application may change your effective date – it will usually be January 1 if you apply by December 15. Please send this application back as quickly as you can – or you can apply faster online at buykp.org/apply.</li> <li>If you're applying during a special enrollment period, go to kp.org/specialenrollment or call 1-800-494-5314 for instructions.</li> <li>Please answer all questions, and type or print using ink only. Leave an empty box in between words, and put a hyphen in the box for hyphenated names.</li> <li>Remember, enrolling in a new plan won't automatically cancel any other coverage you have. To avoid paying for 2 plans or having a gap in coverage, make sure to cancel any other coverage as of the day before your new coverage starts.</li> <li>To make sure your application is processed in time and isn't canceled, please return every page of the application, completed, with all the required signatures and proof of your qualifying life event (if required). Send these materials by mail to: <ul> <li>Kaiser Permanente for Individuals and Families</li> <li>P.O. Box 23127</li> <li>San Diego, CA 92193-9921</li> <li>Or send it by secure fax to: 1-855-355-5334</li> <li>Note: Checks must be mailed and can't be faxed.</li> </ul> </li> </ul> |
| Need help?                                 | <ul> <li>For help with completing this application, please call 1-800-494-5314 (TTY 711).</li> <li>We'll provide language assistance at no cost to you.</li> <li>If you're working with a producer, please call them for assistance.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

All plans offered and underwritten by Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232.

# **STEP 1:** Choose your enrollment period

| Select one option: 🔲 Open enrollment (skip to Step 2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | A special enrollment period (continue below)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Choose your qualifying life event. If you had more than one, re<br>of eligibility is also required within 10 calendar days. Visit<br>about qualifying life events.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | eview your options because effective dates vary by event. <b>Proof</b><br><b>kp.org/specialenrollment</b> or call <b>1-800-494-5314</b> for more                                                                                                                                                                                                                                                                                                                                                                                                        |
| <ul> <li>Loss of minimum essential health coverage<br/>(write the last full day you had coverage)*</li> <li>Gaining or becoming a dependent through marriage or<br/>domestic partnership</li> <li>Gaining or becoming a dependent through the birth of a<br/>child, adoption, or placement for adoption or foster care<br/>Note: In this case, you also need to choose between<br/>2 effective date options:         <ul> <li>The date of birth, adoption, or placement for<br/>adoption or foster care</li> <li>The first day of the month after the birth or<br/>placement of the child with you</li> </ul> </li> <li>Child support order or other court order to cover<br/>a dependent</li> <li>Note: In this case, you also need to choose between<br/>2 effective date options:</li> <li>The date of the child support order or other court<br/>order to cover a dependent</li> </ul> | <ul> <li>Permanent relocation with access to new plans</li> <li>Determination by the Oregon Health Insurance<br/>Marketplace of exceptional circumstances</li> <li>Eligibility to purchase an individual health plan<br/>through an individual coverage health reimbursement<br/>arrangement (ICHRA) or a qualified small employer<br/>health reimbursement arrangement (QSEHRA)</li> <li>Domestic violence or spousal abandonment occurring<br/>within the household</li> <li>Discontinuation of employer contribution to COBRA<br/>premium</li> </ul> |
| The first day of the month after the court order date                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Please write the date of your qualifying life event.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | / (mm/dd/yyyy)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

\*If your qualifying life event is loss of KFHPNW coverage, we may review membership records to check when and why you lost coverage.

# **STEP 2:** Choose your health plan

Choose one health plan. If any family members are applying for different health plans, please submit a separate application for each plan.

| Bronze                                                                                                                                       | Silver                                                                                                                                                                     | Gold                                                                                              |
|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <ul> <li>KP OR Standard Bronze Plan</li> <li>KP OR Bronze 9100/75</li> <li>KP OR Bronze 7100/0% HSA</li> <li>KP OR Bronze 5500/50</li> </ul> | <ul> <li>KP OR Silver 5000/50</li> <li>KP OR Silver 4000/40 X</li> <li>KP OR Silver 3000/40 X</li> <li>KP OR Silver 3200/35% HSA</li> <li>KP OR Silver 750/35 X</li> </ul> | <ul> <li>KP OR Standard Gold Plan</li> <li>KP OR Gold 1750/20</li> <li>KP OR Gold 0/15</li> </ul> |

For information about health and dental benefits and limitations, cost-sharing amounts, and premiums, please review the details in your enrollment materials. To request a copy of the *Evidence of Coverage* for a particular plan, please go to **kp.org/plandocuments**, call **1-800-813-2000**, or contact your producer.

# **STEP 3:** Choose your dental plan

If you enroll in an Individuals and Families health plan, then by law you must also enroll in a separate pediatric dental plan with us or with another company, even if you are over 18. (Our family dental plans include the required pediatric dental benefits.)

- Everyone on this application must apply for the same dental plan.
- If anyone in your family wants to apply for a different dental plan, please submit a separate application.

### Family dental plans

| I'd like dental coverage for:                                                                                                 | Please select your dental plan.                                                          |
|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| <ul> <li>Adults only (ages 19 and older)</li> <li>Adults and children</li> <li>Children only (ages 18 and younger)</li> </ul> | <ul> <li>KP OR Dental 100</li> <li>KP OR Dental 80H</li> <li>KP OR Dental 80L</li> </ul> |

## **STEP 4:** Enter your information

# **Primary applicant**

In an individual plan, the primary applicant is the person who will be covered by the health plan. In a family plan, the primary applicant is the family member on the health plan who is authorized to make changes to the account. If this application is only for a child under 18, the child is the primary applicant.

| First name                                                                                                                |                |               | MI         | Date of birth (mm/dd/yyyy)        |
|---------------------------------------------------------------------------------------------------------------------------|----------------|---------------|------------|-----------------------------------|
|                                                                                                                           |                |               |            |                                   |
| Last name                                                                                                                 |                |               |            |                                   |
| Former health record number (if any) State                                                                                | (if any) Ge    |               | Female     | Social Security number (if any)   |
| Home address (no P.O. boxes, please)                                                                                      |                | Undeclare     | ed         |                                   |
| City                                                                                                                      |                |               |            |                                   |
|                                                                                                                           |                |               |            |                                   |
| State ZIP code County                                                                                                     |                |               |            | Phone (mobile phone if available) |
|                                                                                                                           |                |               |            |                                   |
| Mailing address Check if same as the home ad                                                                              | dress.         |               |            |                                   |
| City                                                                                                                      |                |               |            |                                   |
| State ZIP code                                                                                                            |                |               |            |                                   |
|                                                                                                                           |                |               |            |                                   |
| Preferred language spoken (if not English)                                                                                | F              | Preferred lan | guage reac | l (if not English)                |
|                                                                                                                           |                |               |            |                                   |
| Email address                                                                                                             |                |               |            |                                   |
|                                                                                                                           |                |               |            |                                   |
| Applicants 21 and older: Have you used tobacco a ceremonial use)? Products include cigarettes, cigars different premiums. |                |               |            |                                   |
| Parent or legal guardian Please complete<br>The parent or le                                                              |                |               |            | ant is a child under 18.          |
| First name                                                                                                                |                |               | MI         | Date of birth (mm/dd/yyyy)        |
| Last name                                                                                                                 |                |               |            |                                   |
|                                                                                                                           |                |               |            |                                   |
| Gender: Social Secu                                                                                                       | rity number (i | if any)       |            |                                   |
| 🗆 Male 🔲 Female 🔲 Undeclared 🔤 🔤                                                                                          |                |               |            |                                   |
| Preferred language spoken (if not English)                                                                                | F              | Preferred lan | guage reac | l (if not English)                |
|                                                                                                                           |                |               |            |                                   |
| DIDAPP0124                                                                                                                | Page 4 of      | f 10          |            | 1083921406 NW-OR 20               |

| Spouse/domestic partner to be covered                 | A domestic partner is a person registered and legally recognized as your domestic partner by the state of Oregon.              |
|-------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| First name                                            | MI Choose one:<br>Spouse Domestic<br>partner                                                                                   |
|                                                       |                                                                                                                                |
| Date of birth (mm/dd/yyyy)                            |                                                                                                                                |
| Former health record number (if any) State (if ar     | Male Female                                                                                                                    |
|                                                       | ast 4 times per week in the past 6 months (except for religious/<br>d chewing/smokeless tobacco. Regular tobacco users may pay |
|                                                       | re than 3 dependents to be covered, please fill out an extra copy<br>d submit it with your application.                        |
| 1 First name                                          | MI   Date of birth (mm/dd/yyyy)                                                                                                |
| Last name                                             |                                                                                                                                |
| Former health record number (if any) State (if ar     | ny) Gender: Social Security number (if any)                                                                                    |
|                                                       | Male Female                                                                                                                    |
| Relationship to primary applicant                     |                                                                                                                                |
| Applicants 21 and older: Have you used tobacco at lea | ast 4 times per week in the past 6 months (except for religious/                                                               |
|                                                       | d chewing/smokeless tobacco. Regular tobacco users may pay                                                                     |
| 2 First name                                          | MI Date of birth (mm/dd/yyyy)                                                                                                  |
|                                                       |                                                                                                                                |
| Last name                                             |                                                                                                                                |
| Former health record number (if any)                  | v) Conder: Cocial Socurity number (if any)                                                                                     |
| Former health record number (if any) State (if ar     | ny) Gender: Social Security number (if any)                                                                                    |
| Relationship to primary applicant                     | Undeclared                                                                                                                     |
|                                                       |                                                                                                                                |
|                                                       | ast 4 times per week in the past 6 months (except for religious/<br>d chewing/smokeless tobacco. Regular tobacco users may pay |

### Dependents to be covered

If you have more than 3 dependents to be covered, please fill out an extra copy of this page and submit it with your application.

| 3 First name                              |            | MI Date of birth (mm/dd/yyyy)   |
|-------------------------------------------|------------|---------------------------------|
| Last name                                 |            |                                 |
|                                           |            |                                 |
| Former health record number (if any)   St |            | Social Security number (if any) |
| Relationship to primary applicant         | Undeclared | d                               |
|                                           |            |                                 |

**Applicants 21 and older:** Have you used tobacco at least 4 times per week in the past 6 months (except for religious/ ceremonial use)? Products include cigarettes, cigars, and chewing/smokeless tobacco. Regular tobacco users may pay different premiums. Yes No

## STEP 5: Choose an authorized representative (if you have one)

You can give a trusted friend or relative permission to talk about this application with us, see your information, or act for you on matters related to this application only. This person is called an authorized representative.

| First name                                                                    | MI                                     |
|-------------------------------------------------------------------------------|----------------------------------------|
|                                                                               |                                        |
| Last name                                                                     | Phone (mobile phone if available)      |
|                                                                               |                                        |
| By signing you've appointed this percenter your legally authorized represents | tive to get official information about |

By signing, you've appointed this person as your legally authorized representative to get official information about this application, and to act for you on matters related to this application.

| Х |  |  |  |  |  |
|---|--|--|--|--|--|
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| Dat | e (n | nm | /dd | /ууу | y) |  |  |
|-----|------|----|-----|------|----|--|--|
|     |      | /  |     |      | /  |  |  |

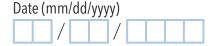
Primary applicant (parent or legal guardian for children under 18)

## **STEP 6:** Sign the application agreement

**Important:** The primary applicant must read, sign, and date below. If the primary applicant is a child under 18, then their parent or legal guardian must sign. By signing, the parent or legal guardian agrees to be responsible for paying all premiums, copays, coinsurance, and deductibles for all the applicants listed on this application. A copy of your agreement with your signature is as valid as the original. If your signature is missing, we will cancel the application. To be eligible for KFHPNW coverage, you and any dependent you're applying for can't be entitled to Medicare Part A or enrolled in Medicare Part B.

- I verify that no applicant listed on this form is entitled to Medicare Part A or enrolled in Medicare Part B.
- If I worked with a producer, I permit KFHPNW to share the enrollment and disenrollment information listed on this application with them. I understand that the producer or Kaiser Permanente representative may get financial and/or nonfinancial payments from KFHPNW because they assisted me with this application.
- I understand that it may be a crime to knowingly provide false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines, and the cancellation of your policy.
- If I'm not purchasing a pediatric dental plan, I attest that I and other dependents on the application have obtained and will maintain a pediatric dental plan certified by the Oregon Health Insurance Marketplace.
- By providing my email address and mobile phone number, I understand I may receive email and text communications from Kaiser Permanente.

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|---|---|
| 1 | ١ |



Primary applicant (parent or legal guardian for children under 18)

# **STEP 7:** Enter first month's payment details

| Payment information                                                                                             |                                        |
|-----------------------------------------------------------------------------------------------------------------|----------------------------------------|
| First name of person responsible for payment                                                                    | MI                                     |
|                                                                                                                 |                                        |
| Last name of person responsible for payment                                                                     |                                        |
|                                                                                                                 |                                        |
| Address                                                                                                         |                                        |
|                                                                                                                 |                                        |
| City                                                                                                            |                                        |
| State ZIP code                                                                                                  |                                        |
|                                                                                                                 |                                        |
|                                                                                                                 |                                        |
|                                                                                                                 | ey order 🔲 Credit card 🔲 Debit card    |
| If electronic payment, select account type: 🗌 Checking account 🔲 Savings a                                      | ccount                                 |
| I authorize Kaiser Foundation Health Plan, Inc. (KFHP), and the designated financial in                         |                                        |
| first month's payment amount from my checking or savings account when my applicat                               | ion is processed by KFHP.              |
| Bank name                                                                                                       |                                        |
| Routing number Account number                                                                                   |                                        |
| Routing number Account number                                                                                   |                                        |
| Account holder's first name                                                                                     | MI                                     |
|                                                                                                                 |                                        |
| Account holder's last name                                                                                      |                                        |
|                                                                                                                 |                                        |
|                                                                                                                 | Date (mm/dd/yyyy)                      |
| X                                                                                                               |                                        |
| Account holder's signature                                                                                      |                                        |
| Account holder's signature                                                                                      |                                        |
| If check or money order<br>Write the name of the primary applicant on the check. Mail payment with your applica | tion to the address listed on page 1   |
| Write the name of the primary applicant on the check. Mail payment with your applica                            | ition to the address listed on page 1. |
| To pay with a credit or debit card, please fill out the section below.                                          |                                        |
| Cardholder's first name as it appears on card                                                                   | MI                                     |
|                                                                                                                 |                                        |
| Cardholder's last name as it appears on card                                                                    |                                        |
|                                                                                                                 |                                        |
| Card number                                                                                                     | Expiration date (mm/yyyy)              |
|                                                                                                                 |                                        |
| X                                                                                                               | Date (mm/dd/yyyy)                      |
|                                                                                                                 |                                        |
|                                                                                                                 |                                        |

Cardholder's signature

| Automatic monthly payments (optional)<br>To cancel or update automatic payments, go to kp.org/payonline or call the Member Service Contact Center at 1-866-291-4010. |                                         |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|--|
|                                                                                                                                                                      |                                         |  |
| No, I don't want automatic monthly payments. (Skip this page.)                                                                                                       |                                         |  |
| First name of person responsible for payment                                                                                                                         | MI                                      |  |
|                                                                                                                                                                      |                                         |  |
| Last name of person responsible for payment                                                                                                                          |                                         |  |
| Billing address                                                                                                                                                      |                                         |  |
|                                                                                                                                                                      |                                         |  |
| City                                                                                                                                                                 |                                         |  |
| State ZIP code                                                                                                                                                       |                                         |  |
|                                                                                                                                                                      |                                         |  |
|                                                                                                                                                                      |                                         |  |
|                                                                                                                                                                      | Credit card (debit cards can't be used) |  |
| If electronic payment, select account type:  Checking account  Savings acc                                                                                           |                                         |  |
| I authorize Kaiser Foundation Health Plan, Inc. (KFHP), and the designated financial inst<br>checking or savings account.<br>Bank name                               | itution to accept this transfer from my |  |
|                                                                                                                                                                      |                                         |  |
| Routing number Account number                                                                                                                                        |                                         |  |
|                                                                                                                                                                      |                                         |  |
| Account holder's first name                                                                                                                                          | MI                                      |  |
|                                                                                                                                                                      |                                         |  |
| Account holder's last name                                                                                                                                           |                                         |  |
|                                                                                                                                                                      |                                         |  |
| X                                                                                                                                                                    | Date (mm/dd/yyyy)                       |  |
|                                                                                                                                                                      |                                         |  |
| Account holder's signature                                                                                                                                           |                                         |  |
| <b>To pay with a credit card, please fill out the section below.</b><br>Cardholder's first name as it appears on card                                                | MI                                      |  |
|                                                                                                                                                                      |                                         |  |
| Cardholder's last name as it appears on card                                                                                                                         |                                         |  |
|                                                                                                                                                                      |                                         |  |
| Card number                                                                                                                                                          | Expiration date (mm/yyyy)               |  |
|                                                                                                                                                                      |                                         |  |
|                                                                                                                                                                      | Date (mm/dd/yyyy)                       |  |
| X                                                                                                                                                                    |                                         |  |

## For applicants using a producer or Kaiser Permanente representative

If a producer or Kaiser Permanente representative (employee) helped you decide which plan to enroll in or helped you fill out this application, please make sure they complete this page.

The producer may receive monetary payments or other compensation from Kaiser Permanente in connection with your purchase of this coverage.

Our standard compensation is \$18 for medical plans and \$2.50 for dental plans, per member per month, plus a potential bonus. To learn more, visit **kp.org/brokercompensation**.

Note: Premiums are the same whether or not you use a producer or Kaiser Permanente representative.

## To be completed by your producer or representative after you complete this application:

| Agency name                                                                          |                                                                                                                                                                                     | Agency ID number                                                                                        |
|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
|                                                                                      |                                                                                                                                                                                     |                                                                                                         |
| Producer or Kaiser Permanente represe                                                | entative (first, middle, last)                                                                                                                                                      |                                                                                                         |
|                                                                                      |                                                                                                                                                                                     |                                                                                                         |
| Address                                                                              |                                                                                                                                                                                     |                                                                                                         |
|                                                                                      |                                                                                                                                                                                     |                                                                                                         |
| City                                                                                 |                                                                                                                                                                                     |                                                                                                         |
|                                                                                      |                                                                                                                                                                                     |                                                                                                         |
| State ZIP code                                                                       | Kaiser Permanente-appointed ID number                                                                                                                                               | National producer number (NPN)                                                                          |
|                                                                                      |                                                                                                                                                                                     |                                                                                                         |
| Phone (mobile phone if available)                                                    | Fax                                                                                                                                                                                 |                                                                                                         |
|                                                                                      |                                                                                                                                                                                     |                                                                                                         |
| Email address                                                                        |                                                                                                                                                                                     |                                                                                                         |
|                                                                                      |                                                                                                                                                                                     |                                                                                                         |
| limitations of the <i>Evidence of Coverag</i> effective date of coverage is assigned | representative) haven't misrepresented any<br>re from written materials provided by KFHP<br>based on when KFHPNW receives their app<br>tion given to me by the applicant on this ap | NW. I have informed the applicant that the oblication. I certify that I have accurately and oplication. |
| X                                                                                    |                                                                                                                                                                                     | Date (mm/dd/yyyy)                                                                                       |

Producer or Kaiser Permanente representative

### **Nondiscrimination Notice**

Kaiser Foundation Health Plan of the Northwest (Kaiser Health Plan) complies with applicable federal and state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats, such as large print, audio, and accessible electronic formats
- Provide no cost language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, call Member Services at 1-800-813-2000 (TTY: 711).

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation, you can file a grievance with our Civil Rights Coordinator, by mail, phone, or fax. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You may contact our Civil Rights Coordinator at: Member Relations Department, Attention: Kaiser Civil Rights Coordinator, 500 NE Multnomah St. Ste 100, Portland, OR 97232-2099, Phone: **1-800-813-2000** (TTY: **711**), Fax: **1-855-347-7239.** 

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, Phone: 1-800-368-1019, TDD: 1-800-537-7697. Complaint forms are available at <u>www.hhs.gov/ocr/office/file/index.html</u>.

#### For Washington Members

You can also file a complaint with the Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint portal, available at <u>https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status</u>, or by phone at 1-800-562-6900, or 360-586-0241 (TDD). Complaint forms are available at <u>https://fortress.wa.gov/oic/onlineservices/cc/pub/complaintinformation.aspx</u>.

#### Help in Your Language

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. Call **1-800-813-2000** (TTY: **711**).

**አማርኛ (Amharic) ማስታወሻ:** የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ **1-800-813-2000** (TTY: **711**).

> العربية (Arabic) ملحوظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-813-2009. (711: 117).

**中文 (Chinese) 注意**:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電1-800-813-2000 (TTY:711)。

فارسی (Farsi) توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با TTY) 1-800-813-2000) تماس بگیرید.

**Français (French) ATTENTION:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-800-813-2000** (TTY: **711**).

**Deutsch (German) ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: **1-800-813-2000** (TTY: **711**).

日本語 (Japanese) 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。 1-800-813-2000(TTY: 711)まで、お電話にてご連絡ください。

**ខ្មែរ (Khmer) ប្រយ័គ្នះ** បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំ រាប់បំរើអ្នក។ ជូរ ទូរស័ព្ទ **1-800-813-2000** (TTY: **711**)។

한국어 (Korean) 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-813-2000 (TTY: 711) 번으로 전화해 주십시오.

ລາວ (Laotian) **ໂປດຊາບ:** ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມື ພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-800-813-2000 (TTY: 711).

Afaan Oromoo (Oromo) XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-813-2000 (TTY: 711).

**ਪੰਜਾਬੀ (Punjabi) ਧਿਆਨ ਦਿਓ:** ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-800-813-2000 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

Română (Romanian) ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-800-813-2000 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-813-2000 (TTY: 711).

**Español (Spanish) ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-813-2000** (TTY: **711**).

**Tagalog (Tagalog) PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-800-813-2000** (TTY: **711**).

**ไทย (Thai) เรียน:** ถ้าคุณพูดภาษาไทย คุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร **1-800-813-2000** (TTY: **711**).

Українська (Ukrainian) УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-813-2000 (ТТҮ: 711).

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-813-2000 (TTY: 711).