Kaiser Permanente Care for all that is you

# It's easy to get the care you need

CIVADO

Kaiser Permanente (KP) Select Network

Thank you for choosing Kaiser Permanente. As a KP Select member, you have access to high-quality care provided by Kaiser Permanente clinicians, specialists, and affiliated providers.<sup>1</sup>

It's easy to get started with Kaiser Permanente online. Visit **kp.org/newmember**, where you'll find a checklist to make the most of your benefits by registering on **kp.org**, choosing a doctor, and transitioning prescriptions.

#### **Medical offices**

At most of the 30 Kaiser Permanente medical offices across the Front Range, you can see a doctor, fill a prescription, and receive lab and X-ray services without ever leaving the building. When you receive care from our clinicians at Kaiser Permanente medical offices, we have access to your complete medical record and can coordinate your care across medical specialties and locations—so you don't have to.

You can also choose to see one of the many affiliated providers who meet the same clinical quality standards as Kaiser Permanente doctors.<sup>1</sup> Choose the provider you think is right for you and switch at any time.

Find a full list of KP Select clinicians and locations at **kp.org/kpselect/co**.

# Get care from virtually anywhere – and at any time

We believe that to be your healthiest, you should be able to get answers to routine and urgent medical questions whenever you need them. So, Kaiser Permanente offers:<sup>2</sup>

- Online chat with a Kaiser Permanente clinician, mental health specialist, and more<sup>3</sup>
- 24/7 nurse advice by phone
- 24/7 virtual care
- Scheduled phone and video visits with a Kaiser Permanente clinician<sup>3,4</sup>
- Email with your care team
- E-visits (personalized care plans after completing an online questionnaire about your symptoms)



Kaiser Foundation Health Plan of Colorado 10350 E. Dakota Ave., Denver, CO 80247



# Inpatient hospital care

We've expanded our in-patient hospital network to include the following locations:

#### Denver/Boulder area

- Children's Hospital Colorado
   Anschutz Medical Campus, Aurora
- Children's Hospital Colorado North Campus, Broomfield
- Children's Hospital Colorado South Campus, Highlands Ranch
- Rocky Mountain Hospital for Children
- SCL Health Good Samaritan Medical Center, Lafayette
- SCL Health Lutheran Medical Center, Wheat Ridge
- SCL Health Saint Joseph Hospital, Denver

## **Colorado Springs**

- UCHealth Memorial Hospital Central
- UCHealth Memorial Hospital North
- UCHealth Grandview Hospital
- Children's Hospital Colorado, Colorado Springs

### **Woodland Park**

UCHealth Pikes Peak Regional Hospital

## Urgent and emergency care<sup>5</sup>

We offer an extensive network of urgent and emergency care providers.

Find a full list of KP Select clinicians and locations at **kp.org/kpselect/co**.

## Mental health and wellness

Get care for a wide range of mental health and addiction services, including treatment for depression, substance use, eating disorders, medication evaluation and management, and more.

Kaiser Permanente locations that offer mental health services are:

- Baseline Behavioral Health, Boulder
- Hidden Lake Behavioral Health, Westminster
- Highline Behavioral Health, Denver
- Longmont Medical Offices, Longmont
- Ridgeline Behavioral Health, Highlands Ranch
- Skyline Behavioral Health, Denver

You also have access to affiliated providers in your area. Visit **kp.org/getcare** to explore your virtual and in-person options. You can also call **303-471-7700** (TTY **711**) or **1-866-359-8299** (TTY **711**). In Southern Colorado, call Carelon Behavioral Health at **1-866-702-9026** (TTY **1-866-835-2755**).





<sup>1.</sup> Affiliated providers practice outside Kaiser Permanente medical offices. Visit kp.org/kpselect/co for a list of participating providers. Primary care visits with an affiliated plan provider will have a higher copay and coinsurance than visits with a Kaiser Permanente primary care physician.

<sup>2.</sup> These services are available when you receive care from Kaiser Permanente medical offices.
3. Online chat with a clinician or mental health specialist, as well as video and phone services, are offered at no additional cost for most health plans. With some PPO or high-deductible health plans, a copayment, coinsurance, or deductible must be met first before these services are provided at no additional cost.

<sup>4.</sup> When appropriate and available.

<sup>5.</sup> If you think you are experiencing an emergency medical condition, call 911, or if time and safety permit, go to the nearest emergency room. Your care will be covered. For a complete definition of an emergency medical condition, please refer to your *Evidence of Coverage, Membership Agreement*, or *Certificate of Insurance*.