

## **Choose Kaiser Permanente**

THE RIGHT PARTNERSHIP FOR A HEALTHY WORKFORCE



# 8 reasons we're good for you, good for your employees

#### 1. Taking the chaos out of health care

People have less time than ever. That's why our care is hassle-free and convenient. From online cost estimators to multispecialty facilities, from telehealth to online management of health information and tasks, we're at the forefront of 21st century medicine.

#### 2. National strength, local commitment

For more than 75 years, we've been leading the way with innovative approaches to health care in the United States. We continue to invest and grow–including in the Mid-Atlantic Region–by tapping into resources that support our members, customers, and community partners.

#### 3. More than 1,700 local physicians and almost 24,000 nationwide

The Mid-Atlantic Permanente Medical Group, P.C., is the area's largest commercial group practice, with physicians connected in real time to the expertise of almost 24,000 Kaiser Permanente physicians, research groups, and hospitals nationwide.

#### 4. Buildings that make it easier to deliver and access care

We design our medical centers with our members in mind. That's why doctors' offices, labs, imaging, pharmacy, and more are under one roof–all connected by the country's largest electronic health record system, enabling seamless care. At Kaiser Permanente, patients often have one-stop, same-day care. They can also visit Urgent Care in 16 of our medical centers (8 Urgent Care centers are open 24/7).<sup>1</sup>

#### 5. Prevention and early intervention controls costs

Doctors, nurses, and other caregivers can see on their screens when the patient in front of them is due for vaccines, tests or screenings, or treatments. Any of them can remind the patient and even schedule an appointment on the spot. This results in measurably better outcomes, and ultimately, reduced costs.

#### 6. Better health outcomes for individuals and communities

Kaiser Permanente of the Mid-Atlantic States received the highest possible rating of 5 out of 5 from the NCQA in care measures such as cancer screenings, childhood immunizations, and more.<sup>2</sup> We believe that is, in part, because our physicians are measured by the quality of their care and the health outcomes of their patients.

#### 7. Leading the industry in digital health

With electronic health records and 24/7 access to virtual and online care, digital health data gives us unique insights for pioneering clinical practices and population health management.

#### 8. Improving the economic health of our communities

Our investment in people is complemented by significant investments in new, upgraded, and replacement facilities throughout Maryland, Virginia, and the District of Columbia. We have 35+ medical facilities (with more on the way), over 800,000 members (and growing), and a workforce of over 8,300 (we hire more every day).

## What's inside

Choose beπer: Total health care solutions	2
Delivering care	3
Leading the way	4
Premier hospitals	6
Plan options	7
Telehealth	8
Savings	10
Workforce health	11
Quality care and service	12
What others say about us	14
Endnotes	

### Choose better: Total health care solutions

#### What makes us different

- Care and coverage together, rather than a company that simply pays your employees' health care bills.
- Member satisfaction that receives consistently high marks from both impartial third parties and our members.<sup>3</sup>
- Advanced information technologies that give your employees unparalleled access to their personal health information, enable video visits<sup>4</sup> with doctors, and support care and communication.<sup>5</sup>
- Unmatched convenience for your employees, from medical centers with many services under one roof to virtual tools that help keep your people at work and productive.<sup>6</sup>
- Longstanding commitment to continuous innovation and creation on a national scale, driving us to find new ways to deliver exceptional care.
- A range of plans we match to your business needs, from affordability and coverage to reporting and access.
- Wellness, prevention, and education programs that are easy to implement.

## Health care + Health coverage = A better life

Want a health care partner that helps your employees and business thrive?

Kaiser Permanente defines coordinated health care that's why so many insurers and care providers are trying to emulate what we do.

We deliver quality and efficiency with health plans that make sure our members get the right care at the right time. Because we provide the coverage and the care, we provide you with insights about the specific care and wellness programs that will help improve the overall health of your workforce.

## Delivering care

#### **Convenient access across the Mid-Atlantic**

Our members receive extraordinary care from our expert Permanente physicians and enjoy the convenience of having a full range of primary and specialty care services in the same building. They also enjoy conveniently located doctors and services in 35+ medical centers located from Abingdon, Maryland, in the north; to Fredericksburg, Virginia, in the south; to Haymarket, Virginia, in the west; to Annapolis, Maryland, in the east. They're all linked by industry-leading technology and tools to provide preventive, routine, diagnostic, consultative, and curative services.

Each facility is designed with our members in mind. There are multiple services under one roof to save members from having to take time from work to see to their care needs. All facilities include primary care, specialty care, X-ray and imaging services, laboratory, and pharmacy.

#### **Urgent Care**

- Eight facilities offer 24/7 Urgent Care, pharmacy, imaging, lab, and observation units, staffed with emergency medicine physicians who are fully connected to members' electronic health records.
- Eight facilities offer evening, weekend, and holiday services.

#### Specialty care

Each medical center provides access to award-winning physicians in dozens of specialties, such as cardiology, physical therapy, neurology, and orthopedics, among others. Members are provided with increased health care access and the convenience of having a full range of primary and specialty care services in the same building.

# 10 9 10

## Top doctors drive patient satisfaction and our success

With more than 1,700 physicians, many named as top doctors,<sup>7</sup> the Mid-Atlantic Permanente Medical Group is the area's largest commercial group practice.

Physicians are connected in real time to the expertise of almost 24,000 Kaiser
Permanente physicians nationwide, Kaiser Permanente research groups, and Kaiser Permanente hospitals.

Many of our members rate their satisfaction with their personal doctor at 9 or 10-more than any other commercial health plan in the area (on a scale of 1 to 10).<sup>3</sup>

#### Always growing

Since 2021, we've opened five new state-of-the-art facilities from Northern Virginia to Baltimore. Kaiser Permanente members experience streamlined check-in and same- or next-day appointment scheduling capabilities, in addition to telehealth, online prescription refills (with free and fast delivery to members' homes), and more on **kp.org/facilities**.

Your Kaiser Permanente representative or broker can give you detailed access information and analysis based upon the location of your business and where your employees live.

## Leading the way

#### We do more than pay your bills

When other health plans talk about helping businesses control costs, improve employee health, and build long-term success, it sounds a lot like what Kaiser Permanente is already doing. See for yourself.

	<b>A Better Way</b> Kaiser Permanente	<b>The Other Way</b> Most other health care plans
Quality physicians	Yes–Permanente physicians have graduated from some of the top medical schools in the country, including Harvard and Johns Hopkins universities. At <b>kp.org/doctor</b> , see their photos and read about their education, personal and professional interests, languages spoken, and more.	Highly qualified physicians are available through a network, but some of the most qualified physicians are not accepting new patients.
Salaried doctors	Yes-our physicians are paid a salary and are rewarded for keeping your employees healthy, with prevention and quality care that can lower your costs.	Physicians are paid per service, creating incentives to provide more and costlier procedures that can drive up expenses.
Coordinated care	Yes—our physicians and care teams have access to member medical records, which connects care given at labs, pharmacies, premier hospitals, and more, enabling better, more efficient care to help employees avoid time away from work.	Physician networks and hospitals are often not connected, leading to over-testing, increased medical errors, and more time away from work getting care. This situation typifies 90% of care in the United States.
Specialists	Yes—Kaiser Permanente has hundreds of highly trained physicians in 50+ specialties and subspecialties, including awardwinning oncologists, nephrologists, and cardiologists. <sup>7</sup> (Meet some of them at <b>kp.org/excellence/mas</b> .) They're all connected to one another and to the member's primary care doctor. When our members require services not readily available at Kaiser Permanente, they may be referred to a provider in the community.	Specialty care is often provided separate from the primary physician who knows the patient and their medical history the best. Your employees must manage the communication between doctors.

	<b>A Better Way</b> Kaiser Permanente	<b>The Other Way</b> Most other health care plans
Disease management	Yes—at Kaiser Permanente, chronic condition programs are integrated with care delivery and included with coverage at no extra cost. Employees are healthier, avoiding absences and sometimes costly treatments.	Third-party programs cost extra, lack connection to care delivery, and are separate from a patient's medical record, so they're less likely to be effective.
Clinical data reporting	Yes-data-driven clinical reports offer an accurate picture of your employee's health risks, enabling effective workforce health engagement strategies.	Claims-only reporting offers a limited picture of your employees' aggregated use of services. You don't get the information on health status that's included in clinical data.
Integrated workforce health services	Yes-workforce health services are integrated with care delivery to maximize employee health and productivity.	Third-party workforce health vendors lack connection to care delivery.
Access to care	Yes—our members have 24/7 access to clinical care, answers to urgent health questions, and help deciding what type of care is needed, as well as where to get it. When they receive care in our facilities, they can also email their doctor's office, manage health care online, and have 24/7 access to medical advice, not to mention 24/7 care at 8 of our 16 Urgent Care locations. Members who are traveling outside our service area are covered for emergencies anywhere in the world.	Most physician practices do not offer such a wide array of access points to care. Patients aren't offered after-hours or weekend care, which can mean hours of waiting for the phone to ring after calling a physician's service, or waiting for hours in an urgent care center or emergency room that's not connected to the rest of their care, or to their doctor.
Physician match	Yes-our members can choose and change their doctors at any time, for any reason. In fact, we encourage our members not to settle, but to find the doctor who best matches what they're looking for.	If you don't like your doctor, chances are you may need to select a whole new medical practice with new staff, and start a new medical record.

### Premier hospitals

#### Making hospital care a much better experience

Kaiser Permanente carefully selects premier hospitals<sup>8</sup> to team with us in taking care of our members. With these hospitals, we've created a different and, we believe, better way to care for hospitalized members. Visit **kp.org/premierhospitals** to learn more.

#### How we work with our premier hospitals

Patient care is guided around the clock by Permanente physicians (called hospitalists), available 24/7, who exclusively care for our members at our premier hospitals. They work hand in hand with hospital staff and physicians, and have each member's medical record on hand, right in the hospital, where they also keep it up to date as care evolves. Our hospitalists communicate directly with primary care doctors to help ensure there are no gaps between the care received in the hospital and follow-up outpatient care. Our goal is to make transitions into and out of the hospital as smooth as possible, be it transitioning to a skilled nursing facility, or getting help with prescriptions, physical therapy, or other needs. No other health care system in the Mid-Atlantic area can do this.



## It takes a lot to be a Kaiser Permanente premier hospital

We choose award-winning hospitals to team with for coordinating patient care. These hospitals, located throughout Maryland, Virginia, and Washington, DC, are our premier hospitals. To qualify, each has been carefully evaluated—and is regularly reassessed—for the quality of care, comfort, and services it provides.

All our premier hospitals are evaluated by independent third parties for safety and quality, and offer top-rated, award-winning care.

#### Our premier hospitals

#### Virginia

Reston Hospital Center, Reston

Stafford Hospital Center, Stafford

Virginia Hospital Center, Arlington

#### Maryland

Baltimore Washington Medical Center, Glen Burnie

Capital Region Medical Center, Largo Greater Baltimore Medical Center,

Baltimore

Holy Cross Germantown Hospital, Germantown

Holy Cross Hospital, Silver Spring

Luminis Health Anne Arundel Medical

Center, Annapolis

St. Joseph Medical Center, Towson

Suburban Hospital, Bethesda

#### Washington, DC

Children's National Health System

MedStar Washington Hospital Center

## Plan options

#### **Health plans that work**

Every day, organizations across the country make choices that alter the course of business, drive profits, and define tomorrow's marketplace. Kaiser Permanente's innovative options help you make informed choices about health care.

### Health maintenance organization (HMO) plans

Variety of options with predictable payments for employees

#### Out-of-Area plan

For large employers (50+ employees) needing coverage for employees outside our Mid-Atlantic States service area

#### **Funding options**

Choice of risk and financial flexibility for large employers:

- Fully insured
- Self-funded
- Risk sharing

#### **Deductible HMO plans**

Reduced premium compared to similar Kaiser Permanente plans

#### Point-of-Service (POS) plan

A plan that provides the benefits of our integrated health system, with the choice of out-of-network licensed providers anywhere in the country

#### Health payment accounts

Lower premiums with taxadvantaged HSAs (health savings accounts), HRAs (health reimbursement arrangements), and FSAs (flexible spending accounts)

#### Virtual plans

For consumers who prefer the convenience of virtual care plans with unlimited \$0 virtual visits

#### Flexible choice plans

Balance cost and provider choice with three network options, including our integrated health system, allowing employees to choose when and how they get care

#### **Medicare plans**

Coverage for employees 65 and older or with certain conditions

### Telehealth

#### Unmatched convenience for your employees<sup>5</sup>

We are the pioneer in telehealth, which is where health care and computer technology intersect. We use it to create tools and processes that improve communication, facilitate information sharing, and create new access points to information and health care. (It may also lower the overall cost of care.) We offer multiple services, from remote monitoring to mobile apps, and from the storing and sharing of digital information to video visits with doctors.

#### Telehealth: More than video chatting

It's the breadth of services, not a single program, that helps minimize or eliminate barriers to care (cost, time, distance, etc.). Services in the following four areas help ensure members get the right care at the right time in a way that's most effective and cost-efficient.

- **1. Store and forward:** This refers to the storage and sharing of digital information, including images, text, charts, etc. The forwarding–or sharing–occurs between patients and doctors, or between doctors, for review and response.
- **2. Remote monitoring:** This involves collecting medical data directly from a device—either in real time or on a manual/scheduled basis—that is connected to or used by a patient, sometimes from home or another location away from the doctor's office.
- **3. Mobile health applications:** These are indeed what you're thinking–they're the apps on your smartphone. They're designed to help engage people in their health by offering tracking and recording, education, and more.
- **4. Access to 24/7 virtual care visits:**⁴ These visits are live, person-to-person conversations via video, enabled by internet technology. Our virtual care is both secure and compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA). Video visits are what most people think of when they hear the word "telehealth," but they're only a part of the spectrum of telehealth.



## Over 12 million electronic health records

Kaiser Permanente has the largest private-sector electronic record system in the world, with over 12 million records. Using data in the system results in faster, better-informed decisions and better health outcomes.

Our system powers care delivery by connecting consumers, physicians, and specialists, and enhancing online member tools such as the Kaiser Permanente mobile app.

#### Video appointments-24/7 access to clinical care

Adult members can schedule video appointments online with their own Kaiser Permanente primary care physicians. Officehours visits are ideal for follow-up conversations and even discussions about new medical issues.

When members need to see a doctor sooner, they can make a video appointment with a Kaiser Permanente emergency medicine physician who can see their medical record and who is connected to the patient's primary care doctor.

During the video appointment, the doctor can order prescriptions and arrange for follow-up care-including specialist appointments, tests, and more-when care takes place within Kaiser Permanente facilities.<sup>4</sup>

#### Connect to better health

Whether by computer or mobile device, connecting to our electronic health record system gives members online access to their personal health information when they receive care in Kaiser Permanente facilities. That access and ease can give employees peace of mind during the workday, which means they can be more productive.

Our members have 24/7 access to more than 20 features that connect them to their doctors and to their health. They can:

- View most lab results
- Email their doctor's office and get responses within 48 business hours
- Schedule, cancel, or change routine appointments
- Request most prescription refills
- Manage medication information
- Print their personal health record
- Check eligibility and benefits
- Read about past office visits
- And much more



# Telehealth is an integral part of our coordinated care model

Our difference lies in how we have integrated telehealth to support patient-to-physician and physician-to-physician communication.

For many years, Kaiser Permanente has been the pioneer in telehealth as a way to enhance end-to-end care delivery by expanding access.

We strive to deliver the right care to the right person at the right time, be it in person, by phone, via email, with video visits, and more.

### Savings

## Managing your costs through prevention and disease management

By focusing on care that prevents disease or prevents it from progressing, we help our members enjoy healthier lives while reducing costs for them and for your business.

As a national leader in health care, Kaiser Permanente strives to provide the highest quality medical care and service. In 1998, Kaiser Permanente chartered the Care Management Institute to gather the best clinical approaches and to promote their use by our physicians and staff across the country. The institute also conducts research to improve the speed and effectiveness of our care.

In the Mid-Atlantic States Region, we strive to serve members with chronic diseases by integrating evidence-based medicine into their care. Our Complete Care disease management program requires that members be actively involved as partners in their care. Shared decision-making and patient education are basic principles of the care management program.

Complete Care programs include:

- Asthma
- Chronic kidney disease
- Chronic pain
- Coronary artery disease
- Depression
- Diabetes
- Elder care
- End-stage renal disease
- Hypertension

Members may opt out of the programs if they do not wish to receive special educational information on disease management.

### Workforce health

#### Keeping your employees healthy

Studies show that every dollar spent on comprehensive workplace wellness and prevention efforts reduces medical costs by \$3.27 and absenteeism costs by \$2.73.9

We help our customers reduce their medical costs by encouraging their employees to achieve better health—that's built into the way we provide care. Whether they're trying to keep healthy or looking for a little encouragement to get started, your employees can conveniently find the tools and resources they need with Kaiser Permanente. We offer workshops on:

- Managing weight
- Increasing physical activity
- Improving nutrition
- Smoking cessation

While simple participation in wellness programs is an important start, encouraging lasting behavior change among your employees is the key to improving their long-term health and your bottom line. Any business, no matter how small, can create a culture of health in the workplace. It involves educating employees about health issues, offering tools that support healthier behaviors, and making health-related objectives part of your company policy.

By driving behavior change, we help you engage your employees individually. And while you can take steps on your own, experience tells us that the most successful efforts are the result of having a partner that can consistently address the health of all your employees. We offer a suite of comprehensive workforce health tools and resources to help you get started at **business.kaiserpermanente.org**. In addition, your Kaiser Permanente representative or broker can help you create a strategy to meet your business needs.



## Addressing the cause behind upward cost trends

Health care costs continue to rise well above inflation, and as a result, many employers are making changes to their benefit strategies. The bulk of these changes work by shifting more financial responsibility to employees. While this may lower your short-term costs, it doesn't address the cause behind this upward trend—the health of your employees.

That's where building an effective workforce health strategy comes into the picture. By keeping your employees engaged and productive, you can help control current cost trends and prevent future costs from escalating.

Take a look at the numbers above to learn the additional dollars per employee that certain behaviors and conditions can cost you.<sup>9</sup>

## Quality care and service

#### **Our commitment shows**

Every day, we save lives. Preventing heart attacks and strokes; finding breast, cervical, and colon cancer early; protecting patients from the flu and measles; and helping members avoid the common, life-altering conditions of diabetes. We're recognized for making a difference in people's lives every day.

#### We have the highest rated private plan



Kaiser Permanente of the Mid-Atlantic States is the only commercial health plan in Maryland, Virginia, and Washington, DC to be rated 5 out of 5 by the National Committee for Quality Assurance.<sup>10</sup>

#### The leader in customer loyalty for the 11th consecutive year



For the 11th year in a row, Kaiser Permanente ranked highest in customer loyalty in the 2021 NICE Satmetrix® Consumer Net Promoter Benchmarks. More of our members would recommend Kaiser Permanente to a friend, family member, or colleague than any other health plan in the nation. In the health insurance provider category, our score increased from 34 to 48 in the past year, which is nearly double the industry average of 27. Our surveyed members stated that they appreciate out service features and believe that Kaiser Permanente acts in their personal best interests.<sup>11</sup>



Our commercial health plan is rated 5 out of 5 for 29 clinical quality measures, including screenings for colorectal, breast, and cervical cancer.<sup>2</sup>

In the NCQA Medicare Health Plan Ratings 2021, our Medicare plan is rated 5 out of 5, the highest rating in Maryland, Virginia and Washington, DC.<sup>12</sup>



#### THE **PERMANENTE** JOURNAL

Recent research by *The Permanente Journal* shows that Kaiser Permanente members have significantly longer life expectancy compared to the national average. Members' life expectancy at birth ranged from 84.6-85.2 years, 6 years longer than the national average of 78.6-78.9 years.<sup>13</sup>

## What others say about us

#### In local publications



The February 2022 edition of *Northern Virginia Magazine* recognized 200+ Mid-Atlantic Permanente Medical Group physicians as "Top Doctors."



The November 2021 "Top Doctors" edition of Washingtonian magazine recognized 200+ Mid-Atlantic Permanente Medical Group physicians as "Top Doctors" in the Maryland, Virginia, and Washington, DC, metropolitan area.



In *Baltimore* magazine's "Top Doctors" edition for November 2021, 30+ Mid-Atlantic Permanente Medical Group physicians were recognized.

#### Our members speak<sup>14</sup>

"Quality of care is superb.
Deeply understanding
doctor and assisting staff.
Very easy to communicate
because they speak my
native language. I love being
at Kaiser, very satisfied with
care provided."

"I wanted to share some feedback about my surgery experience. I arrived at 7 a.m. and by noon was on my way home, gallbladder successfully removed! Every single person I interacted with was amazing. I felt well informed, very well cared for, and in good hands every step of the way ... not once did I feel rushed, tense, or anything other than cared for. My daughter remarked, 'Everything is so serene.' Her experience as a family member was extremely positive as well."

"I was at the Falls Church center and I had occasion to have an X-ray taken ... the X-ray technician treated me with such respect, care, and kindness that I was overwhelmed."



"I just want to give special recognition to a receptionist at the Kensington lab ... I'm a patient that is recovering from cancer, and I only see her once every few months when I visit my lab, but she always remembers my name [and] my daughter's name, and this has been going on for about two years."

"[Our doctor] has just been giving superior care to our family for both of our children, ages 13 and 16. She's just a remarkable person, very caring, spent plenty of times on the phone with me ... She researches things for me, gets back to me, responds to my emails immediately, and helps with problem solving. She's just phenomenal."

"My mother was diagnosed with dementia. Because of her condition, I've had to make phone calls for her, set up her doctor's appointments, and converse back and forth with the staff at Kaiser. I wanted to call in and honor her primary care physician ... She is head and shoulders above any other doctor that my mom has had in times past."

### **Endnotes**

- <sup>1</sup> Coming November 2022. Due to the COVID-19 pandemic, some of our Urgent Care centers are temporarily closed. For the most up-to-date information, visit **kp.org/urgentcare/mas**.
- <sup>2</sup> According to NCQA's Quality Compass® 2021, we're rated 5 out of 5 in 29 measures, including: controlling blood pressure (heart disease), blood pressure control (140/90) (diabetes), glucose control, colorectal screening, breast cancer screening, cervical cancer screening, childhood immunizations, prenatal check-ups, and postpartum care. Quality Compass is a registered trademark of the NCQA.
- <sup>3</sup> Consumer Assessment of Healthcare Providers and Systems (CAHPS), 2016-2017.
- <sup>4</sup> If you travel outside of the state, phone appointments and video visits may not be available due to state laws that may prevent doctors and health care providers from providing care across state lines. Laws differ by state.
- <sup>5</sup> These features are available to members when they get care at Kaiser Permanente facilities. Members will not be able to manage services received from out-of-network doctors and facilities on **kp.org**.
- <sup>6</sup> Most features are available only to members receiving care at Kaiser Permanente medical facilities.
- <sup>7</sup> The physicians who practice at Kaiser Permanente are recognized as the Top Doctors in *Northern Virginia Magazine* (2022), *Washingtonian* magazine (2021), and *Baltimore* magazine (2021).
- Please see kp.org/premierhospitals for details on the awards and accolades each of these hospitals has received. Hospital addresses, telephone numbers, and hours of operation are subject to change. The continued availability and/or participation of any hospital cannot be guaranteed. Kaiser Permanente premier hospitals are independently owned and operated hospitals and are not affiliated entities of Kaiser Permanente. Not all services are available at all premier hospital facilities.
- High blood pressure information from Kirkland et al., Journal of the American Heart Association, May 30, 2018. Smoking information from Aldana, WellSteps.com, January 2020. Obesity information from American Journal of Health Promotion, May/June 2014. Untreated depression information from the American Heart Association, 2018. Diabetes information from the American Diabetes Association, 2018.
- <sup>10</sup> NCQA Commercial Health Plan Ratings 2021.
- <sup>11</sup> NICE Satmetrix U.S. consumer Net Promoter Score® Benchmarks study, 2021.
- <sup>12</sup> NCQA Medicare Health Plan Ratings 2021.
- Anthony Finch, MS, M Cabell Jonas, PhD, Kevin Rubenstein, Eric Watson, BA, Sundeep Basra, MPH, Jose Martinez, BS, & Michael Horberg, MD, MAS, FACP (2021). Life Expectancy Trends Among Integrated Health Care System Enrollees, 2014–2017. Permanente Journal, 25(4), 10–17. https://doi.org/10.7812/TPP/20.286.
- <sup>14</sup> Taken from actual faxes, emails, phone calls, and texts from Kaiser Permanente members.

## Kaiser Permanente medical facilities (with premier hospitals)

#### Maryland

- 1 Abingdon Medical Center
- 2 Annapolis Medical Center
- 3 FUTURE OPENING Medical Center in Aspen Hill
- **4** Kaiser Permanente Baltimore Harbor Medical Center
- 5 Bowie Fairwood Medical Center
- 6 Camp Springs Medical Center
- 7 Columbia Gateway Medical Center
- 8 Kaiser Permanente Frederick Medical Center
- 9 Gaithersburg Medical Center
- 10 Kensington Medical Center
- 11 Largo Medical Center
- 12 Lutherville-Timonium Medical Center
- 13 Marlow Heights Medical Center
- 14 North Arundel Medical Center
- 15 Prince George's Medical Center (will close when West Hyattsville Medical Center opens)
- 16 Shady Grove Medical Center
- 17 Silver Spring Medical Center
- 18 South Baltimore County Medical Center

#### 19 FUTURE OPENING

Medical Center in Waldorf



- 21 OPENING 2022
- West Hyattsville Medical Center
- 22 White Marsh Medical Center
- 23 Woodlawn Medical Center

#### Virginia

- 24 Alexandria Medical Center
- 25 Ashburn Medical Center
- 26 Burke Medical Center
- 27 OPENING 2022
  - Caton Hill Medical Center
- 28 Colonial Forge Medical Center
- 29 Fair Oaks Medical Center
- 30 Falls Church Medical Center
- 31 Fredericksburg Medical Center
- **32** Haymarket Crossroads Medical Center
- 33 Manassas Medical Center
- **34** Reston Medical Center

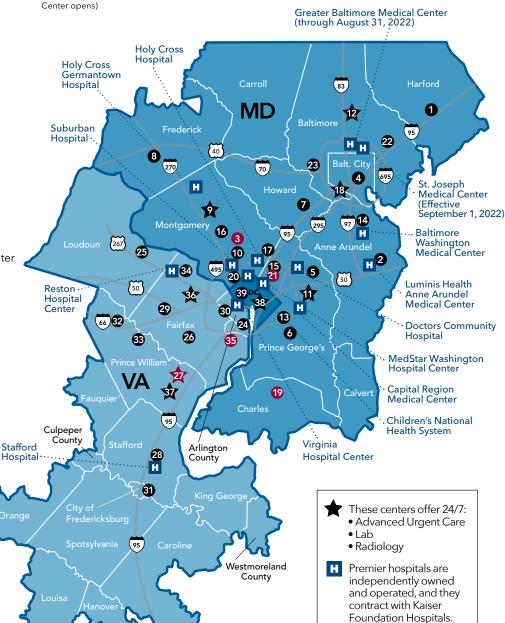
#### 35 OPENING 2022

Springfield Medical Center (adjacent to current facility)

- 36 Tysons Corner Medical Center
- 37 Woodbridge Medical Center (will close when Caton Hill Medical Center opens)

#### Washington, DC

- 38 Kaiser Permanente Capitol Hill Medical Center
- 39 Northwest DC Medical Office Building



 $Please\ check\ \textbf{kp.org/facilities}\ for\ the\ most\ up-to-date\ listing\ of\ services\ available\ at\ Kaiser\ Permanente\ Medical\ Centers.$ 

